

THEME VERSE:

And I am **certain** that God, who began the **good work** within you, **will continue** his work until it is finally **finished** on the day when Christ Jesus returns.

PHILIPPIANS 1:6 (NLT)

REFRESH

— bringing the best of you
to what's in front of you

GUEST SPEAKER, AUTHOR & DEAR FRIEND

BARB ROOSE

Break the power of your past by _____
on God's _____ for your future.

BOTTOM LINE

KEY PASSAGES: PHILIPPIANS 3:10-17 (NLT)

I want to know Christ and experience the mighty power that raised him from the dead. I want to suffer with him, sharing in his death,¹¹ so that one way or another I will experience the resurrection from the dead!

¹²I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. ¹³No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, ¹⁴I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

¹⁵Let all who are spiritually mature agree on these things. If you disagree on some point, I believe God will make it plain to you. ¹⁶But we must hold on to the progress we have already made.

¹⁷Dear brothers and sisters, pattern your lives after mine, and learn from those who follow our example.

ADDITIONAL PASSAGES:

Joshua 1:8; 1 Samuel 1; Jeremiah 29:11;
Philippians 1:27; 1 Timothy 4:8

KEY TAKEAWAYS:

MY NEXT STEP:

Check out Barb's new Bible study, *I'm Waiting, God: Finding Blessing in God's Day* (September 2019) at Cokesbury.com/barbroose

PHILIPPIANS

(Gather with some friends, family, or your Group and use the following questions, along with the message notes, to connect, learn, and take your next step.)

DISCUSSION QUESTIONS

ICEBREAKER: What item or activity most often brings joy to your daily life?

What does it cost us when we continue to carry the weight of hurt, guilt, or shame?

How does living for something bigger than yourself impact the things you do and your perspective on life?

What are some ways that you can train for adversity and press on toward God's promises?

Check out our weekly LivingItOut.tv Bible study for more great questions.

**LIVING
IT OUT**