



WEEK ONE
PROVERBS 3:5-6

If you want the good life,
seek wisdom.



WEEK TWO
PROVERBS 22:1

If you want the good life,
care about your reputation.



WEEK THREE
PROVERBS 6:6-8

If you want the good life,
treat today like it matters.



WEEK FOUR
PROVERBS 19:1

If you want the good life,
pursue patience.



WEEK FIVE
PROVERBS 15:1

If you want the good life,
choose gentle words.



**REMEMBER
THIS:**

“In their hearts humans plan
their course, but the Lord
establishes their steps.”

PROVERBS 16:9 NIV



THINK ABOUT THIS:

The Good Life is a five-week series that focuses on the book of Proverbs. It covers the wisdom that can help middle schoolers take a step toward living the good life—God’s best life for them! Real wisdom is hard to come by, but so very important in directing students’ steps. Pointing them to the truth in the book of Proverbs will give them the foundational pieces of wisdom they can not only understand, but also begin to apply to their lives and faith.



DO THIS:

**MORNING TIME**

Take time to share what you personally think is the good life with your kid this week. Then, ask them to tell you what the good life looks like to them, too.

**MEAL TIME**

Take turns sharing with each other about areas in your life where you could use some wisdom right now. Then, share some ideas about where you could find the wisdom you need.

**DRIVE TIME**

Ask your kid where they see you being the least patient with them. Listen to their response and try to exercise more patience the next time you find yourself in that specific situation with your kid.

**BED TIME**

Watch the movie, *Eighth Grade*, to learn about what middle school is like these days. (Watch it without your kid as the content may not be age appropriate yet!) Take note of what middle schoolers are dealing with and talk to your kid about some of the things that stuck out to you from the film.